Greetings to all,

The food and presentation at our January meeting at Rolling Hills Country Club was great. Our guest speaker, CDR Layne Arika, the interim executive officer for NAS-JRB gave a memorable presentation including some insight on the March reopening of the Commissary. For our speaker at the February meeting, LTC Grady Fairbairn has arranged to have the colonial revolutionary bodyguard to Gen. George Washington, Colonel Solomon Tice, Sr. (I think this may actually be a reenactment). Colonel Tice's storytelling is entertaining and informative. Please make your plans now to be at the February 20 meeting.

As you probably know, we are locked in for the February-March meeting at the Rolling Hills Country Club in Arlington. CDR John Whitsell and LCDR Wes Charles (among others) continue to lead the way in coordinating potential locations for our meetings after March. One of our primary considerations, of course, is to enable the greatest number of members to have as easy an access as possible to the monthly meetings. In that regard, the board members welcome input on feasible meeting locations from all the LSOC membership.

At our January board meeting, the board discussed and decided to go forward with three primary goals in 2008: (1) membership recruiting; (2) scholarship program; and (3) “support our troops” program. While we have already had members step up to work on these projects, it is very important that we obtain other volunteers. Please contact your board members (or me directly) if you can give us assistance. If you are called by one of our board members or other participants, I am confident that you will make every effort to help your chapter grow and continue to do meaningful work, as well as having a great deal of fun at our monthly meetings.

I really look forward to seeing all of you at our February 20th meeting at the Rolling Hills Country Club.

Bill
CHAPLAIN’S CORNER

Col. Kit Carson

When I was a child, I attended a one-room country school. With eight grades being taught in one room, that classroom was full of activity. The students had to be able to maintain self-discipline to attend to their study assignments while the teacher was teaching other classes.

Our surroundings can distract us. God calls us to give thanks and to remember others – to feed them, to care for them, and to love them. Those are our essential tasks as God’s children.

PERSONAL AFFAIRS

Col Forest Lucy, USMC (Ret)

Military Retiree Account Statement (RAS) - Alert Please review the back of your Military Retiree Account Statement as soon as you receive it to make sure the information is correct. Pay special attention to the identity of your beneficiary and percent of share. In January, one retired three star aviator found someone completely unknown to him listed as his beneficiary to receive the 100% share. Complaints have been lodged with DoD. You may check online with DFAS at mypay.dfas.mil.

Shingles Vaccine Coverage Under Tricare & Tricare for Life The January 21st editions of the Air Force, Army, Marine Corps, and Navy Times publications carried an excellent article on the subject of shingles vaccine in the TRICARE HELP column by James Hamby. A summary of the pertinent points for those covered by Tricare and Tricare for Live (TFL) follows. Coverage for shingles immunization began Oct. 19, 2007, and the vaccine is “Zostavax.” The beneficiary must be at least 60 years old for reimbursement, and the shot must be given in the care provider’s office. The vaccine is NOT a TRICARE Pharmacy Program benefit. You or the care provider file a claim for the vaccination just as you would any Tricare claim or Medicare claim for TFL beneficiaries. If you are covered by Medicare and TFL, Medicare will only pay for the office visit and TFL pays for the vaccine. If you are enrolled in a Medicare Advantage Plan or a Medicare Part D Pharmacy Plan, there may be different rules applicable to you. Call your plan’s carrier for details if you are in doubt.

TRICARE for LIFE (TFL) EOB Changes in February If you have internet access, you will be able to print a copy of you EOBs at home or wherever you printout internet materials. In January, the only paper EOBs that TFL beneficiaries in the United States and U. S. territories will receive will be monthly summaries. In February, beneficiaries will have the option to receive an electronic notification every time a claim processes by logging on to the secure website at www.TRICARE4U.com to view and print their EOB. For more information about the registration process, a beneficiary can call toll-free 866-773-0404. If you do not have internet access, it is recommended that you call the toll-free number for information.

Emblems of Belief Available for Placement on Headstones and Markers If you want a Government-furnished headstone, make sure you and your survivors know the rules. No graphics (logos, symbols, etc.) are permitted on Government-furnished headstones or markers other than the approved emblems of belief displayed on the VA website. Presently there are 39 recognized symbols of belief available to be placed on headstones – from the Christian Cross to the WICCA (Pentacle). Medal of Honor insignias can also be placed on Government-furnished headstones. See the VA rules online at www.va.gov, under “Burial & Memorials” and “Emblems of Belief Available for Placement on Headstones and Markers.” The toll-free number for Status of Headstones and markers is 800-697-6947.
WELCOMING OUR TROOPS

As our president stressed in his message this month, one of our major goals is the “support our troops” program.

There is a daily arrival of troops on R & R from Iraq at DFW Intercontinental Airport. Call 972-574-0392 after 5 p.m. on the day before to learn the next-day arrival time and location.

Any one who has an interest in welcoming troops can go anytime without any advanced planning or coordination. Just show up. The Flights are Daily - 365 per year.

In addition to the arriving R & R troops, the flight also boards troops for their return to the Combat Zone that afternoon or night.

The USO Dallas/ Fort Worth is the host for soldiers waiting for connecting flights in the Western US from the arriving flight, those mustering to return to the CZ and any other Military personnel traveling through the Airport.

The USO has a host of volunteers that work there on a regular basis and always welcome anyone interested in volunteering.

The contact information:

Rhenda White-Brunner, Director
USO Dallas/Fort Worth                          Office      972-574-8764
Terminal B, Gate 15                               Cell         214-243-5625
PO Box 613306                                      Fax         972-574-9609
DFW Airport, TX 75261                         Center     972-574-8182

www.uso.org/dfw

Additional Uniform Formulary Changes Coming

Recently the DoD Pharmacy & Therapeutics (P&T) Committee recommended medications designed to treat prostate problems (Flomax, Cardura); certain types of arthritis (Enbrel, Kineret); high blood pressure (Exforge); attention deficit/hyperactivity disorder (Vyvanse); and, the contraceptive Lybrel be designated as non formulary. Meaning out-of-pocket costs to their users would rise to $22. Final decision is expected within the next 60 days. In addition, P&T recommended: 1) a series of 18 medications commonly used to treat hypertension and acute myocardial infarction remain on DoD’s Uniform Formulary; and, 2) prescription drug Norvasc and its generic equivalent Amlodipine be reclassified as a formulary medication due to a significant decrease in cost to DoD.

By law the committee is required to monitor changes in the clinical information, current costs, and utilization trends of medications previously designated as non-formulary and make appropriate recommendations. Our suggestion: monitor future Weekly Updates or the TRICARE section in the Uniformed Services Journal for the final outcome on P&T Committee recommendations. For a complete list of medications, their formulary status and where they are available, go to www.tricareformularysearch.org/dod/medicationcenter/default.aspx.
Legislation

Col. C.

At press time President Bush prepared to sign the National Defense Authorization Act (NDAA) Bill into law so the Congress can get on with its important work for 2008. The President unexpectedly vetoed the FY2008 NDAA just after Christmas after White House lawyers discovered a provision that could have allowed lawsuits against foreign powers for transgressions. That provision would have rendered the new Iraqi government responsible for compensation claims against the Saddam Hussein led former government. The President believes that the current Iraq government needs all of its assets and shouldn't be held responsible for the crimes of the previous regime. Mercifully, House and Senate negotiators earlier dropped Ted Kennedy’s “hate-crimes” legislation from the defense bill, acknowledging that if it passed, it would never get President Bush’s signature...

There was concern that the President’s veto could spark a new round of political infighting that could mean even further delay enacting this important defense bill. However, fears dissipated when the House reconvened, adjusted the offending provision, and re-passed the bill, interestingly, a second time, by an overwhelming majority. The Senate did the same when it reconvened. Interalia, the bill authorizes $696 billion in defense spending, including $189 billion for the wars in Iraq and Afghanistan. A MOAA provided FY2008 NDAA matrix, which I believe the membership is most interested, is contained elsewhere in this issue. (See page 5).

How did the month-long delay in signing the defense bill into law affect military people? Most members of the military community didn’t see much impact from the delay. That’s because most of the major pay and benefits upgrade provisions included specific effective dates that aren’t affected by the date the defense bill is signed.

One, Two, Three……Punt

Members of Congress have known they’d have to do something by the end of the year to stop the 9.9% cut in Medicare and TRICARE payments to doctors scheduled for January 2008 if the law wasn't changed. Problem: coming up with the money to pay for that fix. Then…find an ox to gore. The usual gambit of (lame) brainstorming prevailed and the primary dodge became a proposed cut in payments to insurance companies that run Medicare HMOs and other kinds of providers. Popular contention being the latter are over-reimbursed. Enter the lobbyists for those groups…no ox gored here...

So they waited until right before Christmas to approve a payment fix. Then…the proverbial “lump of coal in the sock” bit. Congressional leaders thought legislators anxious to get home for the holidays might accept a deal to stop the cuts for at least another year. But, as in football terms, the best Congress could do before adjourning for the year was to a punt a “wobbler” out of bounds. Congress headed off the planned 1 January cut of 10.1 percent in Medicare and TRICARE payments to physicians and replaced it with a miserly 1% increase - that might go away after six months. If Congress doesn't find money to extend the fix during the first half of 2008, which won't be any easier in an election year than it was in 2007, an 11% payment cut will kick in 1 July.

The fed continues to act as if Medicare and TRICARE are sufficient insurance coverage and physicians will continue to treat those patients out of obligation. Fact is medical service payments are already insufficient and Congress could make them even more so with their inaction and/or continued meddling. Some Interesting stats: 1) percentage of Texas physicians who accept new Medicare patients dropped from 76 percent in 2000 to 62 percent in 2006; and, 2) cost of physician services rose 5.9 percent in 2005, so doctors and hospitals subsidize Medicare patients by charging higher fees to those with private insurance. This ongoing debacle requires our full attention. Keep the letters, calls, and cards flowing….Grassroot action does work!

(Courtesy of MOAA)

<table>
<thead>
<tr>
<th>Health Care Issues</th>
<th>Senate</th>
<th>House</th>
<th>Final Legislation</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRICARE fee increases</td>
<td>Bar Prime, Standard or pharmacy fee increases before 9/30/08. Establishes principles that military pay large &quot;in kind&quot; premiums of arduous service.</td>
<td>Similar prohibition of FY08 fee increases, but no language on principles</td>
<td>Adopted House provisions</td>
</tr>
<tr>
<td>TRICARE pharmacy</td>
<td>Federal pricing discounts apply to drugs in retail system as well as military pharmacies and mail-order system.</td>
<td>Authorize DoD to exclude drugs from the pharmacy benefit if drug companies don't offer sufficient discount.</td>
<td>Senate provision adopted</td>
</tr>
<tr>
<td>Mental health care improvements</td>
<td>Implement pilot for pre-deployment cognitive tests. Implement all recommendations of the Mental Health Care Task Force</td>
<td>Require computer-based cognitive assessment for members of the armed forces pre and post deployment.</td>
<td>Provision dropped, since DoD intends to implement. Requires report on implementation by 3/1/08</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Non-Health Care Issues</th>
<th>Senate</th>
<th>House</th>
<th>Final Legislation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Survivor Benefit Plan (SBP) Annuity</td>
<td>End deduction of VA survivor benefits from SBP annuities if service caused death, effective 10/1/07.</td>
<td>Provide a special survivor payment of up to $40 to survivors denied full SBP due to receipt of DIC.</td>
<td>House provision adopted except raises payment to $50 per month and covers only survivors of qualifying retirees and gray area reservists. Payment increased by $10/yr (reaching $100 in FY2014). Provision dropped</td>
</tr>
<tr>
<td>Paid-Up SBP Coverage</td>
<td>Implement 30-year, paid-up SBP coverage as of 10/1/07 (vs. 10/1/08 in current law).</td>
<td>No similar provision</td>
<td></td>
</tr>
<tr>
<td>Concurrent Receipt for Disabled Retirees Deemed &quot;Unemployable&quot;</td>
<td>Implement full concurrent receipt retroactive to Jan. 1, 2005. (vs current date of Oct. 1, 2009.)</td>
<td>No similar provision</td>
<td>Senate provision adopted except precludes payments until 10/1/08, when members will be eligible for lump-sum retroactive to Jan 1, 2005</td>
</tr>
<tr>
<td>Combat Related Special Compensation (CRSC)</td>
<td>Expand eligibility to all medically retired for combat disabilities before 20 years of service.</td>
<td>Cover medical retirees with 15+ years of service and at least 60% combat related disability</td>
<td>Senate provision adopted</td>
</tr>
<tr>
<td>Military pay raise</td>
<td>3.5% for active duty, Guard, and Reserve members on 1/1/07.</td>
<td>3.5% raise on 1/1/07. Authorize pay raises 0.5% points above private sector wages for FY09-FY12</td>
<td>Senate provision adopted</td>
</tr>
<tr>
<td>Military manpower levels</td>
<td>Increase USA by 13,000 and USMC by 9,000. Reduce USN by 12,300 and USAF by 5,600.</td>
<td>Similar USA and USMC numbers. Reduce USN strength by 11,602 and USAF by 4,367.</td>
<td>Combination of House and Senate provisions adopted</td>
</tr>
</tbody>
</table>
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FOR HELP MANAGING YOUR RETIREMENT, CALL 800.472.8722
MARK YOUR CALENDAR

Feb. 20:  Chapter Meeting
         Rolling Hills Country Club. 6:00 p.m.
         social hour, 7:00 p.m. dinner meeting

Feb. 27:  Board Meeting
         NAS Bowling Center Sports Bar.
         12:00 noon.

Mar. 19:  Chapter Meeting
         Rolling Hills Country Club.  6:00 p.m.
         social hour, 7:00 p.m. dinner meeting.

Mar 26:  Board Meeting
         NAS Bowling Center Sports Bar.
         12:00 noon.

Apr 16:  Chapter Meeting
         Location to be announced.  6:00 p.m.
         social hour, 7:00 p.m. dinner meeting

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DDS, MS, PC
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By Appointment

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Phone:  817-292-4551

Join Us for Worship
Sunday – 8:30 and 10:30 A.M.
Sunday School – 9:20 A. M.
LONE STAR CHAPTER BOARD MEMBERS

ELECTED OFFICERS

President: Lt. Col. Bill Catterton, 817-496-5200
1st VP: LTC Grady Fairbairn, 817-498-7399
2nd VP: LCDR Wes Charles, 817-637-7392
Mrs. Janis (Mo) Simmons, 817-560-0632
Secretary: Position Open
Treasurer: Lt. Col. Jim Boyd, 817-249-0284
Past Pres CDR John Whitsell, 817-788-0643

APPOINTED BOARD MEMBERS

Chaplain: Col. "Kit" Carson, 817-732-3533
Educ/Schol: Vickie Keehr, 817-275-6912
Personal Affairs: Col. Forest Lucy, 972-416-2615
Legis. Affairs: Col. Jim Costin, 817-427-5393
Advertising: Col. Bob Cooper, 817-292-4886
Publicity: Position Open
Photographer: Capt. Jim Lucas, 817-277-0578
Parade Editors: Lt. Col. Roger & Monica Herman
817-292-4436

THE SID RICHARDSON MUSEUM

309 Main Street
Fort Worth, Texas 76102
(817) 332 - 6554
http://www.sidrmuseum.org

One of the brightest spots in the downtown Sundance Square area is the Sid Richardson Museum. Filled with the wonderful art of Frederic Remington and Charles Russell, it will delight you for hours with a view of the West of yesteryear. The newly renovated building is spacious and colorful. Our Museum Store, filled with exciting merchandise, offers prints, framed prints on canvas, books and gifts including Mata Ortiz Pottery from Mexico. Open seven days a week. Monday-Thursday – 9 am to 5 pm. Friday and Saturday – 9 am to 8 pm. Sunday – 12 noon to 5 pm. Admission is free, come and see us!
JANUARY PROGRAM

COMMANDER LAYNE M. K. ARIKA, USN
FACULTY INSTRUCTOR
NAVAL WAR COLLEGE, COLLEGE OF DISTANCE EDUCATION, FLEET SEMINAR PROGRAM

Commander Arika served as the interim Executive Officer of Naval Air Station Joint Reserve Base Fort Worth from March to September, 2007. He is serving in his present capacity as a faculty member teaching a graduate level course in National Security Decision-Making. He also served on the Naval War College Joint Military Operations and Naval Operational Planning Course resident faculty from August, 2004 to December 2005, after completing a tour as Command Duty Officer and Senior Watch Officer in the Pacific Fleet Command Center.

At sea, Commander Araki served as Executive Officer on USS Crommelin (FFG 37), Main Propulsion Assistant on USS Carl Vinson (CVN 70), Combat Systems Officer on USS Reid (FFG 30) and Auxiliaries and Reactor Controls Division Officer on USS Long Beach (CGN 9).

His shore tours included Academic Director of Surface Warfare Officer School Division Officer Course and Chemistry, Materials and Radiological Fundamental Division Director at Naval Nuclear Power School. He has earned a Master of Art in National Security and Strategic Studies from the Naval War College and a Bachelor of Science in Chemical Engineering from the University of Texas at Austin. He and his wife recently celebrated their 20th wedding anniversary. They have four children, the eldest of whom is attending Boston University on a Navy ROTC scholarship.

IN MEMORIAM

Mary Morris, wife of member Major Floyd J. Morris, Jr. USAF, (Ret.) passed away on January 8th of this year. We extend our deepest sympathy to Floyd and the family.

Lt. Col. Stanley R. Meierding, USAF, (Ret.) passed away on January 15, 2008, at the age of 88. Stanley was born in Morgan, Minnesota. A Career military officer, Stanley served 32 years in the Air Force from WWII through the Vietnam War. After retirement he became a political correspondent. He was preceded in death by his wife Frances and son, Don. Our deepest sympathy to the family.

Lt. Col. Marshall Franklin Morgan, USAF, (Ret.) passed away on January 16, 2008 in Plano, at the age of 87. Marshall was born in Anderson, Ind. and grew up in Pennsylvania. He enlisted in the Army prior to Pearl Harbor and, after winning his wings and a commission, served as an advanced flight instructor. After WWII Marshall enlisted in the Air Force and earned his second commission. He served in SAC in a number of bomb wings and in Air Force headquarters. He earned the Bronze Star, three Air Force Commendation Medals and many other awards and decorations. After a 32 year career, he and wife, Doris, came to Fort Worth to be near family. He was preceded in death by his wife of 61 years, Doris. Our deepest sympathy to the family.
CHAPTER HAPPENINGS

Shirlene Lucy, wife of Forest Lucy, is recovering at home after hip replacement surgery on January 14th. The surgery went well and the prognosis is good.

Roger Herman is home from the rehab hospital, exactly five months since the day of his surgery. He will continue his recovery and therapy at home and is doing well.

REMINDER: MAKE YOUR DINNER RESERVATIONS BY CALLING MO SIMMONS AT 817-560-0632. YOU MAY ALSO MAIL YOUR RESERVATIONS TO THE LSOC POST OFFICE BOX.

TEXAS

Have you ever looked at a map of the world? Look at Texas with me just for a second. That picture, with the Panhandle and the Gulf Coast, and the Red River and the Rio Grande is as much a part of you as anything will ever be…As soon as anyone anywhere in the world looks at it they know what it is. It’s Texas. What happens if I show you a picture of any other state? You might get it, maybe after a second or two, but who else would. And even if you do, does it ever stir any feelings in you?

In every man, woman and child on this planet, there is a person who wishes just once he could be a real live Texan and get up on a horse or ride off in a pickup. There is some little bit of Texas in everyone. Did you ever hear anyone in a bar go “Wow…so you’re from Iowa? Cool, tell me about it?” Do you know why? Because there is no place like Texas.

Texas is the Alamo, 183 men standing in a church facing thousands of Mexican nationals, fighting for freedom, who had the chance to walk out and save themselves, but stayed instead to fight and die for the cause of freedom. We send our kids to schools named William B. Travis and James Bowie, and Crockett and do you know why? Because those men saw a line in the sand and decided to cross it and be heroes. John Wayne paid to do the movie himself. That is the spirit of Texas.

Texas is “Juneteenth” and Texas Independence Day. It is huge forests of Piney Woods like the Davy Crockett National Forest and the breathtaking mountains of the Big Bend. It is the unparalleled beauty of bluebonnet fields in Texas Hill Country and beautiful, warm beaches of the Gulf Coast of South Texas. Texas is the shiny skyscrapers of Houston and Dallas and the world record bass from places like Lake Fork. Mexican food like nowhere else, not even Mexico. Texas is the Fort Worth Stockyards, the Bass Hall, the Ballpark in Arlington and the Astrodome.


Texas is huge herds of cattle and miles of crops, skies blackened with doves and fields full of deer. Texas is a place where towns and cities shut down to watch local High School Football games on Friday nights.

Our state capital building is the only one in the country taller than the capitol building in Washington, D. C. By federal law, Texas is the only state in the U. S. that can fly its flag at the same height as the U. S. flag. Do you know why? Because Texas is the only state that was a republic before it became a state.
FEBRUARY 2008 MEETING AND RESERVATION INFORMATION

Member’s Name _____________________________________________

Make _______ reservations for member, spouse or guest @ $20. each

My check is enclosed for $_______  Signed _____________________

-----------------------------------------------------------------------------------PLEASE CUT HERE-----------------------------------------------------------------------------------

Chapter Meeting 7:00 p.m. Wednesday, February 20, 2008 at Rolling Hills Country Club

Social Hour:  6:00 p.m. – Dinner:  7:00 p.m.  Dress: Coat and Tie

Program: Robert D. “Bob” Northcraft, noted historian, will give an entertaining first person interview as Col. Soloman Tice, Sr., the aide of General George Washington

Menu: Meat Lasagna, sides, Dessert du Jour

Reservations: Deadline for placing or canceling reservations will be end of day, Sunday, February 17. We cannot accept last minute cancellations. All meals ordered must be paid for.

By mail: send above reservation form with check to Club P. O. Box to arrive no later than deadline. If mailing, please allow sufficient time for slow delivery. By phone: Mrs. Mo Simmons, 817-560-0632

LONE STAR OFFICERS CLUB MEMBERSHIP/DUES

Name: ___________________________________ Rank: _____ Service: _______ Nat’l MOAA # __________ Life Member Y  N

Active Duty____ Retired:____ Former Officer:_____ Widow (er):____ Spouse’s name: _________ Nickname(s):____________

Mailing Address: Street: ___________________________ City_____________________ State______ ZIP_________

Telephone: ______________________ E-Mail________________ Name of LSOC member recruiting you ______________________

Your birth date (month and day) _________________ Spouse’s birth date: __________ Anniversary date:____________

Please mail this form with a check for Dues $20.00 (widows: $8.00) $________________________

Voluntary contribution to Scholarship Fund __________________________

Total enclosed $________________________

Make check payable to: Treasurer
Lone Star Officers Club Inc.
P. O. Box 1642, Fort Worth, Texas  76101-1642
To:

Postmaster:

Time sensitive material.

Please deliver no later than 2/12/08

See page 11 for February meeting and reservation information

FEBRUARY DINNER MEETING TO BE HELD AT ROLLING HILLS COUNTRY CLUB

**EAST BOUND** on Interstate 30, exit at Cooper Street Exit. Remain in the **center** lane on the exit ramp and turn north on Cooper Street. Immediately after crossing 1-30, turn right on Lamar Blvd. and use the first left turn bay (almost immediate) into the Country Club.

**WEST BOUND** on Interstate 30, exit at Lamar Blvd exit which is immediately **WEST** of Cooper Street. Loop back to the right on Lamar Blvd. (East Bound). Cross Cooper Street and use the first left turn bay (almost immediate) into the Country Club.

**FROM NORTH OF DFW AIRPORT** proceed south on SH-360 TO interstate-30. On 1-30 follow **WEST BOUND** instructions above.